

# Teams

**A team is a group working together to achieve a common goal.**

## Skills needed for a Team

**Communication:** - All team members share information, listen and positively support others.

**Participation:** - All team members are committed and contribute their best to the team's goals.

**Respect:** - All team members have the right to participate in a safe and supportive environment.

**Cooperation:** - All team members should be prepared to assist others.

## Processes needed for a Team

### Goal Setting

What are your team's goals?

### Role Taking

How can we best use our individual skills, experience and attributes?

### Decision Making

How will you make a decision?

### Problem Solving

What is the plan?

## Signs of an Effective Team

**Success:** Team achieves goals.

**Trust:** Positive belief in others to be an effective team member.

**Relationships:** Team members are supportive of each other.

**Enjoyment:** Achieving satisfaction and having fun.

	<b>Good</b>	<b>Great</b>	<b>Awesome</b>
<b>Communication</b>	Listen to others	Deliver clear messages	Acknowledge others ideas
<b>Participation</b>	Focus on team's goals	Contribute positively	Put the groups needs before self
<b>Cooperation</b>	Follow direction	Help others	Anticipate the needs of others
<b>Respect</b>	Allow others to learn	Accept others	Self-manage actions and behaviours